

# EVENT REPORT ON YRC-DIVISION LEVEL CAMP

## Organizers

Youth Red Cross (YRC) wing of the Indian Red Cross Society (IRCS), Karnataka State Branch (KSB), in association with the Dakshina Kannada (Mangalore) District Branch

## Participants

Volunteers of ACU-YRC wing

## Date

20-23<sup>rd</sup> September 2024

## Venue

Pilikula Regional science Center, Moodushedde, vamanjoor, mangalore-575028

24-09-2024

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A report submitted to Adichunchanagiri University



ADICHUNCHANAGIRI  
UNIVERSITY

## Report on Participation in YRC Mysuru Division Level Camp - 2024

### Introduction

The Youth Red Cross (YRC) wing of the Indian Red Cross Society (IRCS), Karnataka State Branch (KSB), in association with the Dakshina Kannada (Mangalore) District Branch, organized the YRC Mysuru Division Level Camp from 20th to 22nd September 2024 at Mangalore University. Seventeen students from Adichunchanagiri University participated in this three-day camp. The team was led by Nodal officer of ACU-YRC unit Dr. Naveen Y P.

### Travel

Eighteen students, accompanied by the nodal officer, departed from Adichunchanagiri University by train on 19th September 2024 and arrived at Mangalore. The return journey was undertaken on 23rd September 2024.



ACU-YRC youth red cross Unit at the start of the journey from Adichunchanagiri University to attend the YRC camp in Bengaluru.



ACU-YRC youth red cross Unit on return journey from Mangalore to the University.

## Highlights of the Camp

Venue of the Camp- Pilikula Regional science Center, Moodushedde, vamanjoor, mangalore-575028

### Details of students participated in the Camp

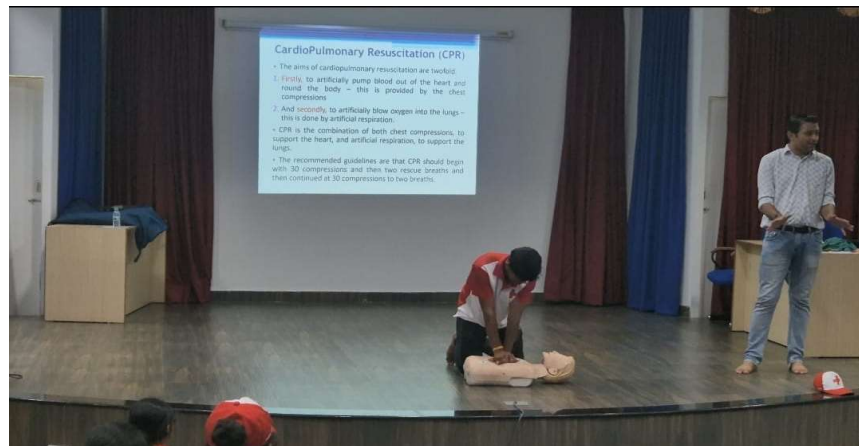
S. No.	Name of the Student	Date of Birth	Phone No Students	Email Id	COURSE
1	Sharath Kumar K T	05.08.2000	7349225591	<a href="mailto:Sharathkumaraktsharathkumarkt5@gmail.com">Sharathkumaraktsharathkumarkt5@gmail.com</a>	B.Ed
2	Rakshith Shekar	25.05.2000	6364364168	<a href="mailto:rakshithshekarMr@gmail.com">rakshithshekarMr@gmail.com</a>	B.Ed
3	Punith V	08.05.2001	8431917941	<a href="mailto:punithv052@gmail.com">punithv052@gmail.com</a>	B.Ed
4	Rohith J S	29/12/2002	7204773129	<a href="mailto:rohithgowda29122002@gmail.com">rohithgowda29122002@gmail.com</a>	B.Ed
5	DARSHAN R	21.03.2004	6366696935	<a href="mailto:rdarshan6366@gmail.com">rdarshan6366@gmail.com</a>	Pharm-D
6	GIRINATH P	29.11.2003	9360220784	<a href="mailto:girinath484@gmail.com">girinath484@gmail.com</a>	Pharm-D
7	SHANKARAGOUDA KALLANAGOUDA PATIL	23.07.2003	9380881265	<a href="mailto:chetanagouda71@gmail.com">chetanagouda71@gmail.com</a>	Pharm-D
8	VINAYAK SHIVANNA PATTAR	19.02.2003	7483409400	<a href="mailto:vpattar260@gmail.com">vpattar260@gmail.com</a>	B-Pharm
9	PRASANTH GOWDA	23.09.2004	8050846345	<a href="mailto:prashanthgowdak444@gmail.com">prashanthgowdak444@gmail.com</a>	Bcom
10	KARTHIK K.R	17.03.2005	9535450378	<a href="mailto:karthik9535450378@gmail.com">karthik9535450378@gmail.com</a>	Bcom
11	Milan KB	07.05.2006	7619624673	<a href="mailto:milansheety0@gmail.com">milansheety0@gmail.com</a>	CSE
12	Lokesh V S	12.12.2005	9972377817	<a href="mailto:lokeshgowdavs2412@gmail.com">lokeshgowdavs2412@gmail.com</a>	CSE
13	AMITH GOWDA M J	17-02- 2002	8088349559	<a href="mailto:amithgowda162@gmail.com">amithgowda162@gmail.com</a>	M.Sc Biochemistry
14	Varshini GV	08-05- 2002	8431716834	<a href="mailto:varshigowda00@gmail.com">varshigowda00@gmail.com</a>	Msc Biochemistry
15	Deepali S	17-03- 2000	9148900728	<a href="mailto:deepalishetty17@gmail.com">deepalishetty17@gmail.com</a>	Msc Biochemistry
16	Sampath Kumar nayaka kp	16-06- 1998	9740984325	<a href="mailto:sampathnayaka2@gmail.com">sampathnayaka2@gmail.com</a>	Msc Biochemistry
17	Adarsha C K	29-05- 2002	9353420968	<a href="mailto:adarshaadarsha290@gmail.com">adarshaadarsha290@gmail.com</a>	Msc Biochemistry
18	Tejaswini MS	14-03- 2001	7019323733	<a href="mailto:ttejaswnini277@gmail.com">ttejaswnini277@gmail.com</a>	Msc Biochemistry

The camp provided various training sessions and activities aimed at enhancing the skills and knowledge of the participants. Some of the key activities included:

1. **First Aid Training:** Participants were trained in essential First Aid techniques, including Cardiopulmonary Resuscitation (CPR) and managing choking incidents.



**Training on key points to be noted during the first aid**



**Training on CPR**

2. **Disaster Management:** Students were educated on handling emergency situations effectively, particularly in the context of natural disasters.



Students are given demo on Disaster management during various events such as earth quake

3. **Yoga Sessions:** Yoga and relaxation techniques were introduced to help students focus on mental and physical well-being.



4. **Time Management:** A dedicated session was conducted on managing time effectively, both in personal and professional scenarios.

## Achievements

The students of Adichunchanagiri University excelled in the camp's competitions:

- **Quiz Competition:** Students of eighteen different colleges and universities participated in the competition and our students won the competition with a huge margin of points. Varshini and Amith won the first prize.



**Varshini GV and Amith Gowda MJ during Receiving the first prize.**

- **Pick and Speech Competition:** Darshan secured the second prize, while Sampath won the third prize.



**Darshan and Sampath while receiving the prizes.**

## Conclusion

The YRC Mysuru Division Level Camp 2024 was a valuable experience for the participants, offering them training in critical life-saving techniques, disaster preparedness, and soft skills development. It also provided a platform for students to showcase their talents in competitive events, leading to notable achievements for our university. The camp proved to be an enriching and memorable experience for all involved.